

Training sessions in preparation for the **ODS-Vitaal Classic**

This is how you start prepared!



Do you want to participate in the ODS-Vitaal Classic on August 30 and could use some extra tips and training? Join the training rides! Fun and great for your fitness!

The training sessions are led by a certified cycling coach. During the rides, you will cycle in a peloton, tackle elevation gains, receive tips on your handling skills, and work on your cycling technique. An ideal preparation for the 75 and 130 km distances of the ODS-Vitaal Classic!

Meeting location: Van der Valk Business Center - Mauritslaan 49, 6129 EL Urmond

Program:

- June 14 from 10:00 AM to 2:00 PM (+/- 50 km)
- June 21 from 10:00 AM to 2:00 PM (+/- 65 to 70 km)

Parking:

- Navigation address for free parking:
Sint Antoniusplein 1, 6129 EV Urmond

Costs:

- Participation per training ride: €10 per person, to be paid in advance and at your own expense

Participation:

- Everyone aged 16 and over is welcome
- Maximum group size: 20 people

Tip:
Sign up
with
colleagues

Due to a new collaboration, we have an exciting surprise in store for the training sessions. We'll share exactly what it is soon!

Grab this unique opportunity!

Access is granted in order of registration

Mail to: info@ods-vitaal.nl

