

Find everything for your vitality in your free MyODS account



Start right now. Go to ods-vitaal.nl



Your first step!



Choose your vitality mix in MyODS



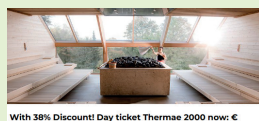
Explore a huge number of vitality actions and providers in Mindset, Exercise, Relaxation, and Nutrition

Enjoy special offers at 250+ vitality providers in Limburg

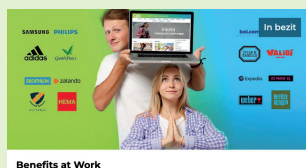


Popular:
Unlimited swimming at 15 pools in Limburg 8,50 /month

Stay up to date on the latest vitality news with the free ODS-Vitaal update!



With 38% Discount! Day ticket Thermae 2000 now: €
Enjoy discount vouchers for places like Thermae 2000



Score great deals with Benefits at Work!
Get discounts on travel, fashion, sports, and relaxation



ODS-Vitaal programs

- Front Crawl Training
- Breathe yourself fit and vital
- Start2Golf
- Eat consciously, Eat yummy

FREE
Sign up for the monthly ODS-Vitaal Update!

Facts, tips, blogs, and recommendations

New at ODS-Vitaal
Klimcentrum Neoliet Heerlen



Tropical green smoothie with coconut water and apple



Go karting with a disco at Cargo Karting Maasmechelen!



Inspiration
Stay up to date with ODS-Vitaal! Everything about the latest trends

Score 15% off your seasonal pass for Steinerbos!



Find your flow and fully unwind with our relaxing yoga offers

15% off at Holy Hill Obstacle Run
Are you up for the challenge?



ODS-Vitaal events: a great day for everyone!

Enjoy a fun and active day with colleagues or your family at an ODS-Vitaal event.



Exercise together, stay vital together!



Team building with your colleagues!
or
A fun day out for the whole family!



NEW in 2026!

Switch to ↻ ODS-Vitaal! Enjoy exclusive discounts

If your current gym or other vitality provider is connected to ODS-Vitaal, we can easily switch your membership to an ODS-Vitaal subscription. That way, you can start enjoying the discount!

How does the switch service work?

1

Send an email to info@ods-vitaal.nl with your name, phone number, and employer's name.



2

Provide your subscription type, the name of your vitality provider, and the price you currently pay.



We'll handle the rest for you!



Do you have ideas for the ODS-Vitaal offerings, or is your favorite provider not listed?

We'd love to hear from you at info@ods-vitaal.nl! Share what's missing or ask any questions, and we'll do our best to make it happen. We're always expanding our offerings.

Phone: 046 410 62 36
Mail: info@ods-vitaal.nl



Mauritslaan 49
6129 EL Urmond

ods-vitaal.nl

