

Find everything for your vitality in your free MyODS account



Start right now. Go to ods-vitaal.nl



Your first step!



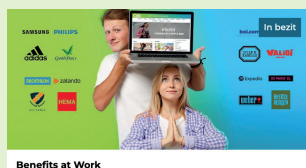
Choose your vitality mix in MyODS



Explore a huge number of vitality actions and providers in Mindset, Exercise, Relaxation, and Nutrition

Enjoy special offers at 250+ vitality providers in Limburg

Stay up to date on the latest vitality news with the free ODS-Vitaal update!



Score great deals with Benefits at Work!
Get discounts on travel, fashion, sports, and relaxation.



ODS-Vitaal programs

- Front Crawl Training
- Breathe yourself fit and vital
- Start2Golf
- Eat consciously, Eat yummy

Enjoy discount vouchers for activities like a relaxing wellness day.



Facts, tips, blogs, and recommendations that switch frequently

New at ODS-Vitaal
Klimcentrum Neoliet Heerlen



Tropical green smoothie with coconut water and apple



Go karting with a disco at Cargo Karting Maasmechelen!



Inspiration
Everything about the latest trends!

Score 15% off your seasonal pass for Steinerbos!



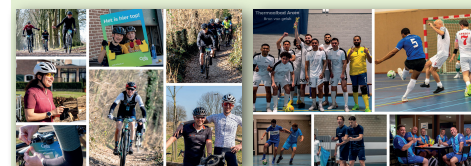
Find your flow and fully unwind with our relaxing yoga offers

15% off at Holy Hill Obstacle Run
Are you up for the challenge?



ODS-Vitaal events: a great day for everyone!

Enjoy a fun and active day with colleagues or your family at an ODS-Vitaal event.



ODS-Vitaal MTB and Gravel Tour

ODS-Vitaal Business Indoor Football Tournament

Exercise together, stay vital together!



ODS-Vitaal Classic

ODS-Vitaal Business Padel Clinic and Tournament

Team building with your colleagues!
or
A fun day out for the whole family!



ODS-Vitaal Culinary Walk

Switch to ODS-Vitaal. Super easy!



Is your provider not listed? Tip us!



If your current gym or other vitality provider is connected to ODS-Vitaal, we can easily switch your membership to an ODS-Vitaal subscription.

That way, you can start enjoying the discount!

How does the switch service work?

- 1** Send an email to info@ods-vitaal.nl with your name, phone number, and employer's name.
- 2** Provide your subscription type, the name of your vitality provider, and the price you currently pay.
-  We'll handle the rest for you!

Do you have ideas for the ODS-Vitaal offerings, or is your favorite provider not listed?

We'd love to hear from you at info@ods-vitaal.nl!

Share what's missing or ask any questions, and we'll do our best to make it happen. We're always



Phone: 046 410 62 36
Mail: info@ods-vitaal.nl



Mauritslaan 49
6129 EL Urmond

ods-vitaal.nl

